



**CZK 5.740,-  
 EUR 225,- \***

## **2. Ayurvedic Healing designed to increase power and energy (3 days)**

*“Our daily routines, including what we eat, how we sleep and even changes in the weather, can cause toxins to build up in our bodies which can lead to imbalance. This therapy focuses on purifying the whole body to achieve overall balance.”*

- 1 x Welcome Ayurvedic herbal tea
- 2 x Night in a Double Room
- 2 x Buffet breakfast
- 1 x Consultation with an Ayurvedic doctor from Sri Lanka
  
- **1<sup>st</sup> Day (2 ½ hrs.):**
  - Powder massage (Udvaartana)
  - Steam bath (Washpa Sweda Kutiya)
  
- **2<sup>nd</sup> Day (1 ½ hrs.):**
  - Head massage (Shiro Abyanga)
  - Foot massage (Pada Abhyanga)
  
- Free entry to the Wellness Center (including sauna, steam bath, swimming pool and fitness)
- Free entry into American Chance Casinos - Casino Route 59 and 5,- EUR welcome chip

*\*The above – mentioned price is for 1 person based on double occupancy.  
 Charge for one person taking the package in Single Room: + CZK 1.000,-.*