



## 5. Migraine and Stress Relief Package (3 days)

**CZK 6.165,-  
 EUR 242,- \***

*“ This treatment is to relieve stress, anxiety and depression while improving circulation. It helps to relax the muscles and to restore balance and serenity, while relieving severe headaches and migraines.”*

- 1 x Welcome Ayurvedic herbal tea
- 2 x Night in a Double Room
- 2 x Buffet breakfast
- 1 x Consultation with an Ayurvedic doctor from Sri Lanka
- **1<sup>st</sup> Day (2 hrs.):**
  - Head massage (Shiro Abyanga)
  - Whole body massage (Abhyanga)
- **2<sup>nd</sup> Day (2 hrs.):**
  - Shirodhara
  - Facial massage with ayurvedic oil
  - Pebble walk
- Free entry to the Wellness Center (including sauna, steam bath, swimming pool and fitness)
- Free entry into American Chance Casinos - Casino Route 59 and 5,- EUR welcome chip

*\*The above – mentioned price is for 1 person based on double occupancy.*

*Charge for one person taking the package in Single Room: + CZK 1.000,- + therapies*