



**CZK 6.165,-
 EUR 242,- ***

7. Ayurvedic Tension Relief Package(3 days)

“People complain of stiffness and tension in their shoulders and back more than any other area. If left untreated, this tension can cause stress – related condition which leads to more pain.”

- 1 x Welcome Ayurvedic herbal tea
- 2 x Night in a Double Room
- 2 x Buffet breakfast
- 1 x Consultation with an Ayurvedic doctor from Sri Lanka
- **1st Day (2 hrs.):**
 - Neck and shoulder massage (Griiva / Skandah Abhyanga)
 - Back massage (Paschima Abhyanga)
 - Herbal bath
- **2nd Day (2 hrs.):**
 - Fomentation (Herbal bags massage)
 - Kativasti (Special lower-back treatment)
 - Foot massage (Pada Abhyanga)
- Free entry to the Wellness Center (including sauna, steam bath, swimming pool and fitness)
- Free entry into American Chance Casinos - Casino Route 59 and 5,- EUR welcome chip

**The above – mentioned price is for 1 person based on double occupancy.*

Charge for one person taking the package in Single Room: + CZK 1.000,- + therapies.